

Resources

Books and Other Print Resources

Catechism of the Catholic Church. (Washington, D.C.: USCCB, 1994).

The *Catechism of the Catholic Church* is an essential resource for understanding Catholic doctrine in regard to faith and morals in light of the Second Vatican Council and the church's traditions.

The Catholic Faith Handbook. Brian Singer-Towns, et al. (Winona, Minn.: Saint Mary's Press, 2004).

A handbook on faith and doctrine ("all things Catholic") in a youth-friendly presentation.

Learning to Meditate: A Thirty-Day Introduction to the Practice of Meditation (Learner's Booklet)

Thomas Zanzig (Winona, Minn.: Saint Mary's Press, 1990).

Learning to Meditate is a thirty-day program that introduces the basic skills of meditation to teenagers and adults. The learner's booklet includes enjoyable daily exercises of about fifteen minutes each for four weeks.

Living the Questions Jesus Asks: A Guide for Teens. John M. Vitek (Winona, Minn.: Saint Mary's Press, 2002).

So many teens wrestle with living out the teachings of Christ. This collection of reflections is a practical, inspiring road map for teens seeking a deeper understanding of their faith, struggling to practice the teachings of Jesus, or wondering about their belief in or desire to know Christ.

Meeting the Living God. William J. O'Malley, S.J. (Mahwah, N.J.: Paulist Press, 1998).

Looks at the questions of God's existence, how we know God exists and what God is like. O'Malley answers the questions in a youth-friendly way.

Websites

<http://crs.org>

The website for Catholic Relief Services. Catholic Relief Services helps people in the United States and around the world, and is the U.S. bishop's international relief agency. This website is a good resource to research peace and justice issues.

<http://www.cornerstonemedia.org>

A website that looks at popular culture, especially music. Check it out to find contemporary music by theme.

<http://disciplesnow.faithstreams.com>

A website for Catholic youth. Sections include “It’s Catholic” which explores our faith, “Celebrate,” which explores the Sunday readings, “Our Life,” which looks at teen culture, a chat room, links to other websites and more.

<http://www.nfcym.org>

The website for the National Federation for Catholic Youth Ministry. It has links to many resources and information on Catholic youth ministry, youth issues and development, and youth ministry publications and events.

<http://www.usccb.org>

The United States Conference of Catholic Bishops website. Use it to find articles, information, and publications on a multitude of topics.

<http://www.vatican.va>

The official website of the Holy See.