



# Women in Scripture

## INSTRUCTIONS

To earn this patch, learn about Sarah. Although you may want to add this page to your Girl Scout or Camp Fire USA journal/scrapbook, you do not need to write out the answers. If you're working together as a group or troop, have discussions and/or group activities. If you're working individually, include your family. If you're an older girl or boy, learn about Sarah and teach younger children.

Once earned, Girl Scouts may place this patch on the back of the sash or vest.

Once you've learned about Sarah, your leader, advisor, or parent may order the patch for you by visiting the website, [www.nccgscf.org](http://www.nccgscf.org) and clicking on the link to the NFCYM Online Store.

## SARAH

Sarah is an important person in the Old Testament. God made a special covenant with Sarah and her husband Abraham and promised them many ancestors.

Even though she was an old woman, God was faithful to his promise and Sarah gave birth to a son. Sarah thought it was funny that she would have a child at such an old age so she named her son Isaac, which means "he laughs." See Genesis 18: 9-15.

Think of other stories in the Bible where God makes a promise with someone. What was the situation? Who was involved? What did God promise? What happened?

## Sarah: The Mother of a Nation

### **For All**

Using the Bible, read about Sarah in the Book of Genesis. Try to answer the following questions:

- Who were the important people in Sarah's life?
- Why do we consider ourselves descendants of Abraham and Sarah?
- Why is Sarah's story important for us?
- What can we learn about God by reading the story of Sarah and Abraham?

Share what you learn with someone else.

### **For Older Girls**

Hagar also lived with Abraham and Sarah and had a son named Ishmael. His descendants became the nation of Islam. See Genesis 16.

Learn something about Islam or another non-Christian religion. If possible, participate in an Interfaith event.

## LEARN AND TAKE ACTION

### Hospitality with a Smile

Sarah and Abraham entertained three strangers who turned out to be angels.

Participate in a community event or party in your church, school or town. If possible, volunteer to help wherever you can.

### Name It!

Names are important. When God made a promise with Abraham and Sarah, he gave them new names. Many of the names in the Bible have unique meanings. Look up other names in the Bible and discover what they mean.

See what you can find out about your name.

- Does your first or last name have a special meaning?
- Were you named after a relative or other special person?

### Helping All Moms

All moms need help, but some need more help than others.

- Brainstorm some ways you could help them.
- Do something special for a pregnancy center, hospital, or shelter in your area.

### Prayers for New Mothers

Sarah felt very blessed when she became a new mother at a very old age.

- Who are the special mothers in your life? Mothers, grandmothers, aunts, godmothers?  
Write or collect prayers honoring mothers or mothers-to-be. Give one of these prayers to a special mother figure in your life.
- Include in your daily prayers a short intention for all mothers.

### Be Creative!

Learn more about Sarah and create your own activity.

### Why Is It?

The symbols on the Sarah Patch are stars and a stole. Why do you think those symbols were chosen to represent Sarah?

Catholic Identity Patch Program is a project of the  
NCCGSCF and NFCYM.

